

he used
to control
her every
move...

► **Bound** (baund) 1 in bonds or chains; tied with or as if with a rope, a bound prisoner. 2 restricted; confined: housebound; 3 Limit

but she
moved
on!

► **Bound** (baund) 1 to move forwards or make (one's way) by leaps or jumps. 2 to bounce; spring away from the impact. 3 a jump upwards or forwards. 4 by leaps and bounds, with unexpectedly rapid progress; her condition improved by leaps and bounds.

THERE IS NO EXCUSE FOR DOMESTIC ABUSE.

If you need to talk to someone call us.
Adapt Services & Refuge - 061 412354